



## TRY LACROSSE CLINIC AND ADVANCED LACROSSE SKILLS CLINIC



Manhattan Beach Middle School  
3:30pm-5pm Tuesday May 30th  
each day Wednesday May 31st  
Tuesday June 6th  
Thursday June 8th

# BOYS AND GIRLS

**Participants must register online [www.LALAX.org](http://www.LALAX.org)**

**-Try Lacrosse-**  
Intro to the sport  
Passing and Catching  
Ground balls/Scoring  
basics of the game

loaner sticks available



**-Advance Skills-**  
Shooting Techniques  
Footwork/Agility drills  
Lacrosse IQ concepts  
Total Athlete mentality

**IMPROVE YOUR SKILLS OR COME AND SEE WHAT THE SPORT OF LACROSSE HAS TO OFFER!**

### Clinic Coaches

- AARON KARSH- Head Coach Mira Costa High School
- MADDY MORRISSEY-LA Womens National Team Coach
- CHRIS WELLS- Head Coach LMU, Offensive Coordinator Mira Costa HS
- And More!